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#### The Salt Path

The Salt Path is an honest and life-affirming true story of coming to terms with grief and the healing power of the natural world. Ultimately, it is a portrayal of home, and how it can be lost, rebuilt, and rediscovered in the most unexpected ways. ...more.

#### The Salt Path by Raynor Winn - Goodreads

The Salt Path is a great travelogue of surroundings, passersby and local merchants, but its heart is in Winn and Moth finding meaning in the chaos." — Shelf Awareness "Readers are immersed in a grueling and transformative adventure.

The Salt Path: A Memoir: Winn, Raynor: 9780143134114

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The Salt Path is an honest and life-affirming true story of coming to terms with grief and the healing power of the natural world. Ultimately, it is a portrayal of home, and how it can be lost, rebuilt and rediscovered in the most unexpected ways.

## The Salt Path: The Sunday Times bestseller, shortlisted ...

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#### The Salt Path Audiobook by Raynor Winn

The Salt Path by Raynor Winn. With their farmhouse and associated livelihood repossessed, 50-year-old Raynor Winn and her husband elect to pack up their few remaining possessions and hike a 630-mile trail around the coastline of southwest

England. This resulting memoir is a good travelogue of that region, but I find many of the writer's ...

# Book Review: The Salt Path by Raynor Winn - The Lesser ...

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### The Salt Path by Raynor Winn review - walking to freedom ...

'The Salt Path is a life-affirming tale of enduring love that smells of the sea and tastes of a rich life. With beautiful, immersive writing, it is a story heart-achingly and beautifully told.' - Jackie Morris, illustrator of Lost Words by Robert Macfarlane

#### The Salt Path by Raynor Winn | Waterstones

The Salt Path, by Raynor Winn, was published earlier this year by Penguin's Michael Joseph imprint. It is an astonishing narrative of two people dragging themselves from the depths of despair along...

#### The Salt Path: One woman's journey walking the entire ...

The Salt Path also serves as a reminder that Britain is a land criss-crossed by footpaths and that we take this 140,000-mile national glory for granted at our peril... The Salt Path has reminded me to scrape last year's mud from my walking boots and get rambling again. I hope it has the same impact on millions of others.

### The Salt Path: The Sunday Times bestseller, shortlisted ...

• The Salt Path by Raynor Winn is published by Michael Joseph,  $\frac{Page}{Page}$  5/10

price £14.99. To order a copy for £13.19, go to guardianbookshop.com or call 0330 333 6846. Free UK p&p on orders of more than £10,...

### 'Nature was my safe place': Raynor Winn on homelessness ...

"The Salt Path is a life-affirming tale of enduring love that smells of the sea and tastes of a rich life. With beautiful, immersive writing, it is a story heart-achingly and beautifully told." —Jackie Morris, illustrator of The Lost Words by Robert Macfarlane

#### The Salt Path by Raynor Winn: 9780143134114 ...

STAFF PICK: The Salt Path, by Raynor Winn Just days after Raynor le... arns that Moth, her husband of 32 years is terminally ill, their home is taken away and they lose their livelihood. With nothing left and little time, they make the brave and impulsive decision to walk the 630 miles of the sea-swept South West  $\frac{1}{Page} \frac{1}{6} \frac{1}{10}$ 

Coast Path, from Somerset to Dorset via Devon and Cornwall.

### STAFF PICK: The Salt Path, by Raynor... - Pukekohe Library ...

Winn and her husband Moth, who was diagnosed with a terminal illness called corticobasal degeneration, became homeless after a bad investment and decided to walk the 630-mile (1,010 km) South West Coast Path. The Salt Path was shortlisted for the 2018 Wainwright Prize and the 2018 Costa Book Awards in the "Biography" category. The judges described it as "An absolutely brilliant story that needs to be told about the human capacity to endure and keep putting one foot in front of another."

#### Raynor Winn - Wikipedia

The Salt Path is, for me, as profoundly moving, inspiring, and hopeful, as Helen Macdonald's H is For Hawk.

#### The Salt Path - Raynor Winn - The Monday Review

The Salt Path is an honest and life-affirming true story of coming to terms with grief and the healing power of the natural world. Ultimately, it is a portrayal of home, and how it can be lost,...

#### The Salt Path by Raynor Winn

The Salt Path is an honest and life-affirming true story of coming to terms with grief and the healing power of the natural world. Ultimately, it is a portrayal of home, and how it can be lost, rebuilt and rediscovered in the most unexpected ways.

## Buy The Salt Path 9781405937184 by Raynor Winn for only £9.29

The Salt Path is part memoir, part nature writing - "though I didn't need to write about nature, as the story was nature," she says. It is a valuable lesson in how we cannot spend our lives planning the future. "We can only live now. We were  $\frac{Page}{Page} \frac{8}{10}$ "

experiencing the moment – not many of us do that, but nature helps you to.

## The Salt Path: 'the wildness of nature became the reason ...

Debut author Winn narrates a moving memoir of identities lost and found along England's wind-swept South West Coast Path. Having lost their farm and livelihood through a judicial misstep, and with her husband, Moth, diagnosed with a terminal illness only days before, a comfortable existence was cruelly whisked away.

#### THE SALT PATH | Kirkus Reviews

With nothing left and little time, they make the brave and impulsive decision to walk the 630 miles of the sea-swept South West Coast Path, from Somerset to Dorset, through Devon and Cornwall. Carrying only the essentials for survival on their backs,  $P_{age 9/10}$ 

they live wild in the ancient, weathered landscape of cliffs, sea, and sky.

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